



School of Spiritual Direction Syllabus  
offered through NewWay Ministries

FORMAT

- 7 full days, 30 students, all meals together.

Daily schedule:

7:30am-8:30am	Breakfast
9:00am-12:00pm	Teaching session
12:00pm-1:00pm	Lunch
1:15pm-2:45pm	Triads (four afternoons- three students practicing one core component of spiritual direction), or personal spiritual direction (one afternoon)
2:45pm-5:30pm	Reflection, rest, and reading
5:30pm-6:30pm	Dinner
7:00pm-9:30pm	Teaching Session

CONTACT HOURS: 46

CURRICULUM:

- Comprehensive manual provided for each student.
- Intensive training in spiritual direction, including:
  1. introduction to spiritual journey
  2. overview of spiritual direction
  3. epistemological foundations of spiritual direction from evangelical perspective
  4. detachment/attachment dynamic
  5. presentation of passion/wisdom model, with detailed attention given to:
    - a. responding to presenting reality
    - b. resisting “pull”
    - c. awareness of director’s interior processes
    - d. vision setting
    - e. discernment of impediments and avenues to growth, with focus on discerning flesh vs. Spirit dynamics
    - f. categories for listening to directee tell his/her story
    - g. recognizing and flowing with process of spiritual formation
    - h. celebrating availability and activity of the Spirit
  6. live demonstration of spiritual direction throughout the week with student/s or couple and Dr. Crabb
  7. individual spiritual direction session with one of three faculty

OBJECTIVES

1. to develop awareness of an evangelically based model of spiritual direction
2. to internalize conceptual model as preparation for directing others

3. to grow in dependence on the Spirit as personal inadequacy is embraced, not overcome

4. to gain discernment into specifics of the spiritual journey in someone's life, to identify God-centered vision, and to learn what it means to discover one's true self through brokenness, repentance, abandonment, confidence and release.

\* Those who attend the School will be equipped to enter into more spiritually meaningful conversations in ways that advance spiritual formation. This will be accomplished through the giving of oneself to another in transcendent curiosity and genuine spiritual passion.